

Courtesy photo

### **Singer at Daily Grind**

Billy Isodoro, a singer and songwriter who performs contemporary Christian, classical and other secular music, is featured 7:30-9 tonight at the Daily Grind in the Rio Grande Conference Center. Admission is free.

Mr. Isodoro's original repertoire of contemporary Christian songs are part of his New Commandment Ministries. He is a University of New Mexico graduate with a degree in music education, has taught in youth and music ministries in Texas and New Mexico and has performed at venues, including youth camps, churches, retreats, seminars, school assemblies, prisons and settings for people who are homeless.

## Kirtland Chapel Worship Schedule

### Saturday

5 p.m. Catholic Mass

### Sunday

8:15 a.m., Traditional Protestant Worship

9:45 a.m., Protestant Sunday School

9:45 a.m., Catholic Mass

11:15 a.m., Catholic Religious Education

11:15 a.m., Contemporary Protestant Worship

#### Wednesday

11:30 a.m., Catholic Mass

5:15 p.m., Protestant Community Night

6 p.m., Bible Studies and Choir Practice

# Child care provided for parents needing respite from caregiving

#### BY JENNIFER WEST

Nucleus staff writer

Give Parents a Break program, funded by the Air Force Aid Society, provides free child care at the child development center, for eligible parents who need respite from parenting during times of family crisis or for parents of active duty Air Force members who are deployed, on remote tours or extended temporary duty. Parents are referred to receive the assistance by first sergeants, squadron commanders, chaplains, medical professionals or other helping agencies including the family support center or family advocacy program.

"The opportunity for parents who are under stress due to a spouse's deployment, or TDY, or due to a unique stressor, such as the birth of a new baby, to get a break from their parenting duties for up to four hours once a month is indispensable," said Teresa Reinhard, Kirtland's Air Force Aid Society officer.

"The Air Force Aid Society wants to provide an outlet for Air Force families, knowing that their children will be well cared for while the parent can take some down time."

The child care is offered the first Friday each month, 6:30-10:30 p.m., if at least seven children have reservations for that date.

Rather than free child care, the program may be used at times of a death in the family or during stressful situations that warrant helping parents get a break from being caregivers to children.

Members of other service branches may use the childcare on a space available basis after Air Force families are assisted.

For more information or to request child care assistance, contact your unit first sergeant or helping agency involved in assisting during a crisis.